

Korean Beans, Grains, and Rice

About this Korean Beans, Grains, and Rice List

The following list includes 1) beans/legumes, 2) grains, 3) cereals, and 4) rice. This lists the term “beans, grains, and rice” because that’s the term familiar to many English speakers. However, it’s important to understand that Korea has its own organization system which makes organizing ingredient lists complicated.

About the List Structure

Since many of the items on this list do not exist in western cooking, it’s hard to use traditional western systems of organization. This means that we have used elements from both western and Korean culture to create the following organizational structure. We understand the structure may not make sense for new arrivals but it will become more clear as you learn about Korean food.

Disclaimers

Each person who creates a list of language terms or organizes information must make systematic choices based on such things as culture, intended purpose, and practical use. We want to be transparent about some of our choices:

Selection of Terms

Many of the following beans, grains, and rice may have a variety of names in English or Korean. We have primarily used North American terms for the English and then included a maximum of 4 Korean terms. This means the list is not exhaustive. You may find different terms used in different parts of Korea.

Pronunciation v. Romanization

Multiple systems for Romanization exist for Korean words and we did not use them.

Romanization is a system for converting words from other languages into English. Romanization systems tend to be based on spelling rather than the pronunciation of the word. Since our lists are meant for communicating with people using spoken language, we use a pronunciation based spelling system instead of Romanization. This means the “English” version of the text may not be usable in a search algorithm online.

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English to Korean

English	Korean	Pronunciation
Amaranth	아마란스	[ah-mah-ran-seu]
Barley	보리	[bo-ree]
Barley: Black	흑보리	[heuk-bo-ree]
Barley: Blue/Green	청보리	[chuhng-bo-ree]
Barley: Glutinous	찰보리	[chahl-bo-ree]
Barley: Korean type	늘보리	[neul-bo-ree]
Beans (General Term)	콩	[kong]
Beans: Black	검은콩	[guh-m-eun-kong]
Beans: Black Adzuki	검은팥	[guh-m-eun paht]
Beans: Black Soybean with Green Inside / Green Kernel Black Soybean	서리태	[suh-ree-tae]
Beans: Black Soybean with Yellow Inside	흑태	[heuk-tae]
Beans: Black Turtle	검정강낭콩	[guh-m-juhng gahng-nahng-kong]
Beans: Broad / Fava	누에콩	[noo-eh kong]
Beans: Chestnut (No Known English Name)	울타리콩	[ool-tah-ree-kong]
Beans: Cocoa / Cacao	코코아콩	[ko-ko-ah-kong]
Beans: Coffee	커피빈	[kuh-pee-been]
Beans: Cranberry / Borlotti	호랑이강낭콩	[ho-rahng-ee-gahng-nahng-kong]
Beans: Garbanzo / Chickpea	병아리콩	[byuhng-ah-ree-kong]
Beans: Gray Adzuki	회색팥	[hweh-saek paht]
Beans: Green / French / String	그린빈	[geu-reen-been]
Beans: Green Soybean	청태콩	[chuhng-tae-kong]
Beans: Hulled Adzuki	거피팥	[guh-pee paht]
Beans: Hyacinth (1)	덩굴콩	[duhng-gool-kong]
Beans: Hyacinth (2)	편두	[pyuhn-doo]
Beans: Kidney	강낭콩	[gahng-nahng-kong]
Beans: Lupin	루핀콩	[roo-pin-kong]
Beans: Mung	녹두	[nok-doo]
Beans: Navy	흰 강낭콩	[hween gahng-nahng-kong]
Beans: Painted Pony	반달콩	[ban-dahl-kong]
Beans: Red Adzuki	팥	[paht]

Korean Beans, Grains, and Rice

English	Korean	Pronunciation
Beans: Small Black	서목태	[suh-mok-tae]
Beans: Small Soybean	메주콩	[meh-joo-kong]
Beans: Soybean	대두	[dae-doo]
Beans: Sword	작두콩	[jahk-doo-kong]
Beans: Unripened Green Soybean	풋콩	[poot-kong]
Beans: White Adzuki	흰팥	[hween paht]
Beans: Yellow Soybean	대두	[dae-doo]
Buckwheat	메밀	[meh-mil]
	곡물	[gok-mool]
Cereals (General Term)	곡류	[gyong-ryoo]
Cereals / Corn / Grains (General Term)	양곡	[yahng-gok]
Corn	옥수수	[ok-soo-soo]
Corn: Glutinous/Waxy	찰옥수수	[chal ok-soo-soo]
Corn: Sweet	스위트콘	[seu-wee-teu kon]
Corn: Variety of Sweet	초당옥수수	[cho-dahng ok-soo-soo]
Grains: Mixed	잡곡	[jap-gok]
Legumes: Lentil	렌틸콩	[len-til-kong]
Millet	조	[jo]
Millet: Adlay / Job's Tear / Chinese Pearl Barley	율무	[yool-moo]
Millet: Foxtail	조	[jo]
Millet: Great / Sorghum	수수	[soo-soo]
Millet: Korean Type of Glutinous	차조	[chah-jo]
Millet: Proso / Common / Broomcorn	기장	[ghi-jahng]
Nuts: Peanut / Groundnut	땅콩	[ttahng-kong]
Nuts: Whole Unskinned Peanut	피땅콩	[pi-ttahng-kong]
Oat	귀리	[gwee-ree]
Peas: Black Eyed / Cowpea	동부콩	[dong-bu-kong]
Peas: Green	완두콩	[wahn-doo-kong]
Peas: Sugar / Snow / Snap	스위트피	[seu-wee-teu-pee]
Quinoa	퀴노아	[kwee-no-ah]
Quinoa: Black	블랙 퀴노아	[beul-laek kwee-no-ah]
Quinoa: Red	레드 퀴노아	[re-deu kwee-no-ah]
Quinoa: Tri-Color	삼색 퀴노아	[sam-saek kwee-no-ah]
Quinoa: White	화이트 퀴노아	[hwa-ee-teu kwee-no-ah]

Korean Beans, Grains, and Rice

English	Korean	Pronunciation
Rice: Basmati	바스마티쌀	[bah-seu-mah-tee-ssahl]
Rice: Black	흑미	[heuk-mee]
Rice: Bran	쌀겨	[ssahl-gyuh]
Rice: Brown / Whole Grain	현미	[hyuhn-mee]
	쌀밥	[ssahl-bahp]
	밥	[bahp]
Rice: Cooked	공기밥	[gonhg-ghi-bahp]
Rice: Glutinous / Sticky / Sweet	찰쌀	[chahp-ssahl]
Rice: Glutinous Black	찰흑미	[chal-heuk-mee]
Rice: Glutinous Brown	찰현미	[chahl-hyuhn-mee]
	녹미	[nok-mee]
Rice: Green	녹색현미	[nok-saek hyuhn-mee]
Rice: Jasmine	재스민쌀	[jae-seu-min-ssahl]
Rice: Long-Grain / Indica / Vietnamese	인디카쌀	[in-di-ka ssahl]
Rice: Parboiled	찐쌀	[jjin-ssahl]
Rice: Red	적미	[juhk-mee]
Rice: Red Yeast / Red Fermented / Japanese Red Koji	홍국미	[hong-gook-mee]
Rice: Short-Grain / Sinica / Sushi	멥쌀	[mehp-ssahl]
Rice: Sprouted Brown	발아현미	[bara-hyuhn-mee]
Rice: Uncooked / Raw	쌀	[ssahl]
Rice: White	백미	[baek-mee]
Rye	호밀	[ho-mil]
Seeds: Chia	치아씨	[chee-ah-sshee]
Wheat	소맥	[so-maek]
Wheat: Bran	밀기울	[mil-ghi-ool]
Wheat: Durum	듀럼밀	[dyoo-ruhm-mil]
Wheat: Kamut / Khorasan / Oriental	카무트	[kah-moo-teu]
Wheat: Whole / Whole Grain	통밀	[tong-mil]

Korean Beans, Grains, and Rice

Korean to English

We have organized the following Korean meat cut terms based off of the most common Korean term. We have also included the second and third most common terms.

Korean 1		English	Korean 2		Korean 3	
강낭콩	[gahng-nahng-kong]	Beans: Kidney				
거피팔	[guh-pee paht]	Beans: Hulled Adzuki	기피팔	[ghi-pee paht]		
검은콩	[guh-m-eun-kong]	Beans: Black	검정콩	[guh-m-juhng-kong]		
검은팥	[guh-m-eun paht]	Beans: Black Adzuki	흑소두	[heuk-so-doo]	거두	[guh-doo]
검정강낭콩	[guh-m-juhng gahng-nahng-kong]	Beans: Black Turtle				
곡물	[gok-mool]	Cereals (General Term)	곡식	[gok-shik]		
귀리	[gwee-ree]	Oat				
그린빈	[geu-reen-been]	Beans: Green / French / String	프렌치빈	[peu-ren-chee-been]		
기장	[ghi-jahng]	Millet: Proso / Common / Broomcorn				
녹두	[nok-doo]	Beans: Mung				
녹미	[nok-mee]	Rice: Green				
누에콩	[noo-eh kong]	Beans: Broad / Fava	잠두	[jahm-doo]		
늘보리	[neul-bo-ree]	Barley: Korean type				
대두	[dae-doo]	Beans: Soybean				
대두	[dae-doo]	Beans: Yellow Soybean	노란콩	[no-ran-kong]		
덩굴콩	[duhng-gool-kong]	Beans: Hyacinth (1)	넝쿨콩	[nuhng-kool-kong]		
동부콩	[dong-bu-kong]	Peas: Black Eyed / Cowpea				
듀럼밀	[dyoo-ruhm-mil]	Wheat: Durum				

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Korean 1		English	Korean 2		Korean 3	
땅콩	[ttahng-kong]	Nuts: Peanut / Groundnut				
레드 퀴노아	[re-deu kwee-no-ah]	Quinoa: Red				
렌틸콩	[len-til-kong]	Legumes: Lentil				
루핀콩	[roo-pin-kong]	Beans: Lupin				
메밀	[meh-mil]	Buckwheat	모밀	[mo-mil]		
메주콩	[meh-joo-kong]	Beans: Small Soybean	백태콩	[baek-tae-kong]		
멥쌀	[mehp-ssahl]	Rice: Short-Grain / Sinica / Sushi				
밀기울	[mil-ghi-ool]	Wheat: Bran				
바스마티 쌀	[bah-seu-mah- tee-ssahl]	Rice: Basmati				
반달콩	[ban-dahl- kong]	Beans: Painted Pony				
발아현미	[bara-hyuhn- mee]	Rice: Sprouted Brown				
백미	[baek-mee]	Rice: White	흰쌀	[hween- ssahl]		
병아리콩	[byuhng-ah-ree -kong]	Beans: Garbanzo / Chickpea				
보리	[bo-ree]	Barley				
블랙 퀴노아	[beul-laek kwee-no-ah]	Quinoa: Black				
삼색 퀴노아	[sam-saek kwee-no-ah]	Quinoa: Tri-Color				
서리태	[suh-ree-tae]	Beans: Black Soybean with Green Inside / Green Kernel Black Soybean				
서목태	[suh-mok-tae]	Beans: Small Black	쥐눈이콩	[jwee-noon- ee-kong]	약콩	[yak-kong]
소맥	[so-maek]	Wheat	밀	[mil]		
수수	[soo-soo]	Millet: Great / Sorghum				
스위트콘	[seu-wee-teu kon]	Corn: Sweet	사탕옥수수	[sah-tahng ok-soo-soo]		

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Korean 1		English	Korean 2		Korean 3	
스위트피	[seu-wee-teu-pee]	Peas: Sugar / Snow / Snap	백설콩	[baek-suhl kong]		
쌀	[ssahl]	Rice: Uncooked / Raw				
쌀겨	[ssahl-gyuh]	Rice: Bran	미강	[mee-gahng]		
쌀밥	[ssahl-bahp]	Rice: Cooked				
아마란스	[ah-mah-ran-seu]	Amaranth				
양곡	[yahng-gok]	Cereals / Corn / Grains (General Term)				
옥수수	[ok-soo-soo]	Corn	강냉이	[gang-naeng-ee]		
완두콩	[wahn-doo-kong]	Peas: Green				
울타리콩	[ool-tah-ree-kong]	Beans: Chestnut (No Known English Name)	울콩	[ool-kong]	밤콩	[bahm-kong]
울무	[yool-moo]	Millet: Adlay / Job's Tear / Chinese Pearl Barley	염주	[yuhm-joo]		
인디카쌀	[in-di-ka ssahl]	Rice: Long-Grain / Indica / Vietnamese	안남미	[ahn-nam-mee]	월남쌀	[wol-lahm-ssahl]
작두콩	[jahk-doo-kong]	Beans: Sword				
잡곡	[jap-gok]	Grains: Mixed				
재스민쌀	[jae-seu-min-ssahl]	Rice: Jasmine				
적미	[juhk-mee]	Rice: Red	홍미	[hong-mee]		
조	[jo]	Millet				
조	[jo]	Millet: Foxtail	좁쌀	[jop-ssahl]		
찐쌀	[jjin-ssahl]	Rice: Parboiled				
차조	[chah-jo]	Millet: Korean Type of Glutinous				
찰보리	[chahl-bo-ree]	Barley: Glutinous				
찰옥수수	[chal ok-soo-soo]	Corn: Glutinous/Waxy				

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Korean 1		English	Korean 2		Korean 3	
찰현미	[chahl-hyuhn-mee]	Rice: Glutinous Brown				
찰흑미	[chal-heuk-mee]	Rice: Glutinous Black				
찰쌀	[chahp-ssahl]	Rice: Glutinous / Sticky / Sweet				
청보리	[chuhng-bo-ree]	Barley: Blue/Green				
청태콩	[chuhng-tae-kong]	Beans: Green Soybean				
초당옥수수	[cho-dahng ok-soo-soo]	Corn: Variety of Sweet				
치아씨	[chee-ah-sshee]	Seeds: Chia				
카무트	[kah-moo-teu]	Wheat: Kamut / Khorasan / Oriental				
커피빈	[kuh-pee-been]	Beans: Coffee	원두	[wuhn-doo]		
코코아콩	[ko-ko-ah-kong]	Beans: Cocoa / Cacao				
콩	[kong]	Beans (General Term)				
퀴노아	[kwee-no-ah]	Quinoa				
통밀	[tong-mil]	Wheat: Whole / Whole Grain				
Korean 1		English	Korean 2		Korean 3	
팥	[paht]	Beans: Red Adzuki	적두	[juhk-doo]		
편두	[pyuhn-doo]	Beans: Hyacinth (2)	제비콩	[jeh-bee-kong]	까치콩	[kka-chee-kong]
풋콩	[poot-kong]	Beans: Unripened Green Soybean				
피땅콩	[pi-ttahng-kong]	Nuts: Whole Unskinned Peanut				
현미	[hyuhn-mee]	Rice: Brown / Whole Grain				
호랑이강낭콩	[ho-rahng-ee-gahng-nahng-kong]	Beans: Cranberry / Borlotti				
호밀	[ho-mil]	Rye				

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Korean 1		English	Korean 2		Korean 3	
홍국미	[hong-gook-mee]	Rice: Red Yeast / Red Fermented / Japanese Red Koji	홍국쌀	[hong-gook-ssal]		
화이트 퀴노아	[hwa-ee-teu kwee-no-ah]	Quinoa: White				
회색팥	[hweh-saek paht]	Beans: Gray Adzuki				
흑미	[heuk-mee]	Rice: Black				
흑보리	[heuk-bo-ree]	Barley: Black				
흑태	[heuk-tae]	Beans: Black Soybean with Yellow Inside	흑대두	[heuk-dae-doo]		
흰 강낭콩	[hween gahng-nahng-kong]	Beans: Navy	하얀 강낭콩	[ha-yan gahng-nahng-kong]		
흰팥	[hween paht]	Beans: White Adzuki	하얀팥	[hah-yahn paht]		